

Lifestyle



Seeing pink spots

Catch a rare glimpse of the Pink-Spot Sulphur butterfly at Butterfly World (3600 W. Sample Road, Coconut Creek).

"This bright yellow butterfly is a fast flier, and the pink spot is what makes it so unique," says Ron Boender, founder of the venerable attraction. Boender is conducting a life-cycle study of the species.

Attract this rare breed by planting its food source, *Lysiloma sabicu*, known as horseflesh mahogany. The tree is available at the Butterfly World nursery, Boender says.

Info: ButterflyWorld.com

— Doreen Christensen



From theater to dance to art and music, there's plenty in our Guide to the Arts to keep your calendar full. SouthFlorida.com/artsguide

Sunday Go!

Dawn of the dead

Proving that it's never too early to celebrate the Mexican holiday Day of the Dead, the Fort Lauderdale Historical Society's new "Ofrendas" exhibit gets going on Sunday at the New River Inn Museum of History (219 SW Second Ave.). The show, in partnership with Fort Lauderdale puppet guru Jim Hammond, will include family arts and crafts, a "Godmother Death" performance by Simply Puppets, a mariachi show and a mask-making station. 11 a.m.-4 p.m. Closes Nov. 2. Info: 954-463-4431 ext.16, or FortLauderdaleHistoricalSociety.org.

— Phillip Valys

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PLANT OF THE MONTH

Jamaica caper is a bird-friendly beauty

Create a welcoming way station for migratory birds flying south for the winter with *Capparis cynophallophora*, commonly called Jamaica caper.

In spring and summer, this South Florida native shrub produces abundant showy, 2-inch flowers that yield yummy fall fruit few birds can resist. Plants have leathery, evergreen leaves and also host Florida's white butterfly.

"Pink, wispy flowers in the summer are followed by a string bean-like pod that has bright orange pulp," says Carl Terwilliger, owner of Meadow Beauty Nursery in Lake Worth. "The birds just love it."

Pods grow 4 to 12 inches long.

The dense tree, in the mustard family, is low maintenance and grows slowly, to 20 feet tall and up to 12 feet wide. It can be used as a hedge and does well in pots, too.

— Doreen Christensen

Capparis cynophallophora

- Origin:** Florida
- Family:** Capparidaceae
- Foliage:** Shiny, obovate, 2 to 4 inches, evergreen
- Growth rate:** Slow
- Nutritional requirements:** Medium; likes to be fed
- Soil requirements:** Fertile, well-drained soil
- Salt tolerance:** Unknown
- Drought tolerance:** High once established
- Light requirements:** Full sun to part shade
- Propagation:** Seeds, cuttings
- Pest problems:** None known
- Find it:** At native-friendly garden centers listed at SunSentinel.com/Natives.
- More info:** SunSentinel.com/JamaicaCaper



On the same page

Book clubs are as diverse as South Florida.

BY NICOLE BROCHU | Staff writer

This isn't your mother's book club. Instead of opening their doors to any and all bibliophiles, many of today's literary groups are defining membership according to very specific demographics or tastes. Taking a page from social media's knack for getting people together, the 21st century book club is also more apt to form online, typically on Meetup.com, a networking portal that facilitates offline get-togethers, searchable by location.

Here's a peek at some South Florida options, which are as diverse as its multicultural population.



Asian Cinema & Book Club

Based in Fort Lauderdale, this 145-member club is for those with a "love and appreciation" for all things Asian, from movies to books, culture and food, according to its Meetup.com page.

Founded: August 2011

Books/events: Recent meetups included outings to celebrate the Chinese New Year and attend Florida Supercon in Miami. The group plans to meet next at 5:30 p.m. Oct. 18 at Barnes & Noble, 591 S. University Drive in Plantation, for a book club meeting and dinner that is only open to members.

Meets: Locations vary

Cost: Free to join

Info: Meetup.com/Asian-Cinema-Book-Club



Delray Beach Spiritual Book Discussion/Book Club

This group is for "like-minded people and free thinkers who want to expand their spiritual awareness," according to organizer Cherie Arscott. The club is hosted by Unity of Delray Beach, a nondenominational church.

Founded: February 2014

Books/events: Now reading "Nonviolent Communication: The Language of Life" by Marshall B. Rosenberg.

Meets: 7 p.m. last Wednesdays of the month at Unity of Delray Beach, 101 NW 22nd St.

Cost: Free to join

Info: Meetup.com/Delray-Beach-Spiritual-Book-Discussion-Book-Club-Meetup, 561-276-5796

Garden checklist

See October's list of chores. 9G

A green market under the stars

BY NICOLE BROCHU
Staff writer

Don't want to sweat for your veggies? Welcome to Food In Motion, a monthly "after-dark artisan green market" debuting this week in downtown Fort Lauderdale.

The market will feature local vendors' fresh produce and gourmet foods from 5 to 11 p.m. the second Friday of every month at Peter Feldman Park. Organizer Chris Gaidry hopes it will "expand and be a fixture there," with more vendors and additional dates.

For now, it will feature about 30 organic produce vendors, some gourmet food trucks, "a smattering" of arts and crafts vendors, live music and free beer. Entry is also free, as well as parking along local streets and trolley rides from other downtown locations.

Gaidry said the new market is a slimmed-down version of the much bigger Night Owl Market, which occupied a quarter-mile of Third Avenue on Sept. 20 and included more than 100 vendors. The concept, tested out in a smaller event last year, has proven popular, he said, because many people who like shopping at area green markets don't always enjoy the heat of an afternoon event.

Food In Motion, Gaidry said, "fits in well with the evening commute of people who are just getting off work or who live around there" and want to pick up a few items grown naturally by local farmers.

Go to the group's Facebook page for more info: Facebook.com/FlaglerFoodInMotion.



Science Fiction/Fantasy Reading Group of Jupiter

With 18 official members, this group sees about five core members who regularly attend to share their thoughts on the SciFi/fantasy genre, said organizer Ray Heinenon.

Founded: October 2013

Books/events: Now reading "God's War" by Kameron Hurley and "Earth" by David Brin.

Meets: Typically first Tuesdays at Palm Beach Gardens Branch Library, 11303 Campus Drive

Cost: Free to join

Info: Meetup.com/Science-Fiction-Fantasy-Reading-Group-of-Jupiter



Boca Raton Comic Book/Sci-Fi/Horror Meetup Group

This group is about more than books and meets more often over movies.

Founded: September 2009

Books/events: Past events include watching the 35th anniversary screening of Ridley Scott's "Alien" and attending the "Not At Comic-Con" mini-convention in Lauderdale.

Meets: Locations vary

Cost: Free to join

Info: Meetup.com/Boca-Raton-Comic-Book-Meetup-Group

PHOTO ILLUSTRATION

Adrienne Arsht Center
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